



A Handful of Seeds

SEED-SAVING AND SEED STUDY
FOR EDUCATORS



Lessons linked to California Educational Standards
Practical Information on Seed Saving for School Gardens
History and Lore



OCCIDENTAL ARTS
& ECOLOGY CENTER
www.oaec.org

A HANDFUL OF SEEDS



SEED STUDY AND SEED SAVING FOR EDUCATORS

by *Tina Poles*

Occidental Arts and Ecology Center



ACKNOWLEDGEMENTS

Project Manager and Lead Editor: Lisa Preschel

Copy Editor: Karen Van Epen

*Reviewers: Carol Hillhouse, Jeri Ohmart, Abby Jaramillo, Susan McGovern,
John Fisher, Yvonne Savio, Susan Stansbury*

Graphic Design: Daniela Sklan | Hummingbird Design

Illustrations: Denise Lussier

Photos: Doug Gosling, Jim Coleman, Rivka Mason, and Steve Tanguay

The following people at Occidental Arts and Ecology Center contributed significant amounts of time and creativity to help develop the ideas in this publication: Doug Gosling, Brock Dolman, Dave Henson, Adam Wolpert, Michelle Vesser, and Renata Brillinger. Carson Price spun straw into gold by writing compelling grants to fund OAEC's School Garden Program. Laurel Anderson, of Salmon Creek School, co-developed and taught many sections on seed saving in the School Garden Trainings, and Vanessa Passarelli, teacher and garden educator, shared many of her ideas about meaningful teaching.

The following foundations have provided generous support to OAEC's School Garden Teacher Training & Support Program since 2005: Chez Panisse Foundation, Community Foundation Sonoma County, Compton Foundation, Inc., David B. Gold Foundation, Foundation for Sustainability & Innovation, Grousbeck Family Foundation, Laurence Levine Charitable Fund, Lisa & Douglas Goldman Fund, L.J. Skaggs and Mary C. Skaggs Foundation, Morning Glory Foundation, San Francisco Foundation, Semilla Fund of the Community Foundation Sonoma County, Stuart Foundation, True North Foundation, and the Walter & Elise Haas Fund.

The last acknowledgement is for a place, the magical mother garden at OAEC, which provides many seeds, both physical and inspirational, for daughter school gardens throughout California.

From Tina: I would also like to thank all the educators I had the pleasure to work with, who shared their ideas and enthusiasm for school gardens with me. As always, Richard J. Senghas support of me has been unwavering.